

February 2018

Middle School Menu



Lunch Prices

Lunch Meal \$2.85
 Reduced Meal \$.40
 *Menu Subject to Change

Milk

1% White, Fat Free
 White, Fat Free
 Chocolate, Fat Free
 Strawberry



Daily Alternates

Monday: Cheese Pizza
 Tuesday: Cheese Steak Sandwich
 Wednesday: Hamburger/Cheeseburger
 Thursday: Hot Dog on Whole Wheat Roll
 Friday: Grilled Cheese

Monday

Food Service Department is Now Accepting Applications for Employment
 To apply online, got to www.howell.k12.nj.us website and click on employment to fill out an application

Tuesday



Wednesday

Thursday

Friday

School Closed

5

Popcorn Chicken
 Dinner Roll
 Sweet Peas
 Fresh Orange

6

Pasta with Meatballs
 Garlic Bread
 Garden Salad
 Chilled Peaches

7

Hamburger/Cheeseburger
 On WGR Roll
 Baked Beans
 Frozen Fruit

1

Cheezy Bread
 Vegetable Sticks
 with Ranch Dip
 Fresh Apple

2

Breakfast for Lunch
 French Toast Sticks
 Turkey Sausage
 Sweet Potato Tots
 Choice of Fruit Juice

8

Chicken & Cheese
 Flatbread
 Black Bean Salad
 Pineapple Tidbits

9

Corn Dogs
 Tater Tots
 Choice of Fresh Fruit

12

Taco Tuesday
 Seasoned Meat, Shredded Lettuce,
 Diced Tomato, Cheese
 Black Beans
 Mandarin Oranges

13

Meat Lovers Stromboli
 Vegetable Sticks with Ranch
 Dip
 Chilled Pears

14

Chicken Tenders
 Dinner Roll
 Steamed Broccoli
 Applesauce

15

Cheese Pizza
 Carrot Coins
 Cup of Fruit

16

School Closed

19

Oven Baked Chicken
 Potato Smiles
 Chilled Peaches
 WGR Cookie

20

Nachos Grande
 Seasoned Meat, Shredded Lettuce,
 Diced Tomato, Cheese
 Black Bean Salad
 Mandarin Oranges

21

Meatball Hero
 Steamed Broccoli
 Fresh Apple

22

Cheese & Pepperoni
 Stromboli
 Garden Salad
 Chilled Pears

23

Hamburger/Cheeseburger
 On WGR Roll
 Baked Beans
 Frozen Fruit

26

Buffalo Chicken
 Calzonettes
 Sweet Corn
 Mandarin Oranges

27

Breakfast for Lunch
 French Toast Sticks
 Turkey Sausage
 Sweet Potato Tots
 Choice of Fruit Juice

28

